

# OCCUPATIONAL THERAPY Work Rehabilitation Newsletter



RANCHO LOS AMIGOS  
NATIONAL REHABILITATION CENTER

Nov/Dec 2025



## Worker Spotlight

### Meet Maria

Maria shares that through the Rancho Works program she has discovered abilities she never knew she had. After undergoing two knee surgeries and completing therapy, she has made significant progress and regained confidence in her mobility. The Rancho Works return-to-work program has also taught her skills she never imagined learning, inspiring her to encourage others to believe in themselves and to recognize that with effort and dedication, anyone can move forward and achieve their goals. As Maria puts it: "Thanks to this program, I have learned many things—things that are truly useful. And above all, I have learned how to help others. No matter what disability a person has, you can support them so they too can achieve their goals and move forward through whatever challenges they face."

## Rancho Works Café & Gift Shop

### Discover What's New at the Rancho Works Café & Gift Shop!

Warm up—or cool down—with our **NEW Mazapán Latte**, served hot or blended into a delicious cold frappe.

Visit our **NEW "Cooking is My Therapy" corner**, featuring beautiful, handcrafted kitchen gifts and adapted kitchen utensils to inspire culinary creativity. Explore our newest items, including aprons, kitchen towels, coaster sets, ceramic utensil crocks, and charming garden pun mugs.

Plus, shop our ongoing selection of handcrafted favorites:

- **Handcrafted greeting cards**
- **Handmade jewelry**
- **Concrete planters & ceramic bowls**
- **Hand-poured soy candles**
- **Rancho plush teddy bears & logo products**
- **Gift cards & café certificates**
- **See's Candies®**

Stop by today and find something special for yourself or a loved one!

**"Changing Lives, One Job at a Time"**

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[www.rancho.org](http://www.rancho.org) • [www.twitter.com/ranchorehab](http://www.twitter.com/ranchorehab) • [www.facebook.com/rancholosamigosrehab](http://www.facebook.com/rancholosamigosrehab) • [www.instagram.com/ranchorehab](http://www.instagram.com/ranchorehab)

To request reasonable accommodations, contact the ADA Coordinator's Office at (562) 385-7428 or by email at [lawong@dhs.lacounty.gov](mailto:lawong@dhs.lacounty.gov) 5 days in advance

